

TIP SHEET

Title: *Debra Lee Won't Break*

Author: Katherine Pickett

Publisher: Hop On Publishing

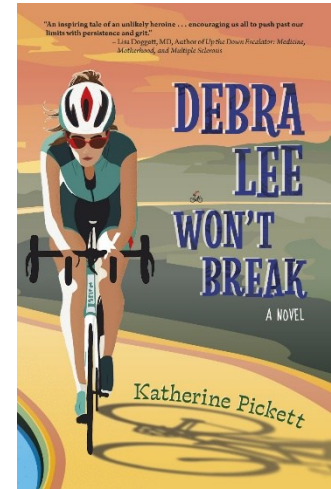
Format: 5-1/2" x 8-1/2", paperback (\$18.95) and e-book (\$9.99)

Projected page count: 376

ISBNs: 978-0-9914991-8-2 (paperback) / 978-0-9914991-9-9 (epub)

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Overview

Debra Lee's life is overflowing—widowed at 38, raising a son, supporting a daughter in college, and caring for a mother with dementia, all while managing her multiple sclerosis. Determined to seize the moment, she sets out to conquer the 150-mile Chesapeake Challenge bike ride before her MS slows her down.

But just as she gathers the courage to push forward, ghosts from her past resurface. Caroline Cook—the friend who once betrayed her—wants back in her life. And the man who shattered her world as a teenager is suddenly appearing in unexpected places.

As old wounds reopen, will she find the strength to cross the finish line, or will the past derail her journey?

Who is the audience for this book?

Adult women, book clubs, cyclists, people with disabilities and chronic illness, especially people living with multiple sclerosis.

Who is the competition?

The Breakaway, by Jennifer Weiner (Atria Books, 2024)

Fortune Favors the Dead, by Stephen Spotswood (Vintage Crime, 2021)

Love from A to Z, by SK Ali (Salaam Reads, 2019)

Why is this book needed?

Debra Lee Won't Break features a main character living with multiple sclerosis. Exploring themes of motherhood, friendship, and betrayal, it takes a nuanced look at date rape and the resulting trauma. The book also speaks to caregivers and the so-called sandwich generation, people who are raising children while caring for ailing parents. It does all of this with respect and integrity, giving voice to people who are often overlooked in contemporary fiction.

About the Author

Katherine Pickett is the owner of POP Editorial Services, LLC, and the author of the award-winning book *Perfect Bound: How to Navigate the Book Publishing Process Like a Pro*. Her creative work can be found in *Lowestoft Chronicle*, *Grande Dame Literary*, and more. Her industry articles have appeared on Publishing Perspectives, JaneFriedman.com, Writer Beware, and elsewhere. *Debra Lee Won't Break* is her first novel.

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“An electrifying tale of grit, heart, and unshakable resolve. . . . Katherine Pickett is a masterful storyteller whose words don't just tell a story—they pull you in, wrap around your heart, and linger long after the last page.” —**Suzie Housley**, *Midwest Book Review*